

MINUTES – APPROVED
December 17, 2020

MENTAL HEALTH ADVISORY BOARD RETREAT

November 19, 2020

1:00 p.m. – 5:00 p.m.

Health Services Agency, 1400 Emeline Avenue, Room 206, Santa Cruz, CA 95060

Present: Antonio Rivas, Catherine Willis, Erika Miranda-Bartlett, Hugh McCormick, Jennifer Wells Kaupp; Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

1. Public Comments
 - Ludmila Boika – requesting personal appointment. Asking Board for procedure, how to help family.
2. Patients' Rights Report – George Carvalho
 - Advocacy, Inc. is non-profit agency. Advise clients of their rights, resolve issues regarding denial of rights or people receiving mental health services in the County; provide hearing representation. Agency is complaint driven. Required to respond within 2 working days, assess patients' rights, gather info, and try to resolve at lowest level. 99% of the time, issues are resolved within facility setting. When a complaint is presented, results can be: 1) resolved at client satisfaction, 2) partially resolved without further action, 3) referred to an oversight agency and/or County Mental Health.
3. Team Building – Mental Health Advisory Board Members and Substance Use Disorder Services Commission members shared their personal stories.
4. Substance Use Disorder Services Commission – Colleen McMahon-Sepulveda
 - Goal is to help the community remove the stigma of substance use disorder issues
 - Tasked with providing an overview of the many providers. The County of Santa Cruz contracts with Janus, Encompass, Sobriety Works, PVPSA. The contracted providers go to the SUDS Commission meetings on a yearly basis to provide an overview of their challenges, successes, trends, funding (where is money being spent), and types of certifications they are getting
 - Substance use treatment in the early 90's was based on the 12-step recovery. Community has evolved over the years to include elements of mindfulness, yoga, meditation, etc. Holistic approaches are options/solutions to recovery.
 - Medicare capabilities within the provider realm allow more clients to seek treatment and stay in treatment. Able to get funding to all the treatment providers to receive those funds.
 - Address recovery issues and prevention issues. Challenges providers continue to have is housing.
 - Working closely with MHAB to merge under one umbrella to become the Behavioral Health Board. Speaking with County Counsel to make merge happen sooner.
5. California Association of Local Behavioral Health Boards and Commissions (CALBHBC) Review – Lynda Kaufmann, Mental Health Advisory Board Member

- Santa Cruz County pays dues for the Mental Health Advisory Board to be a part of the CALBHBC association. Information and resources are available on the CALBHBC website at: <https://www.calbhbc.org/>
- CALBHBC Training webpage: [CALBHBC Training Resource Page](#)
- To view the CALBHBC Training for Local Mental/Behavioral Health Boards and Commissions Presentation, [please click here](#).
- To view the Mental / Behavioral Health Board and Commissions Task list, [click here](#).
- [Click here to view the Brown Act pamphlet](#) and [click here to view the 1-page Brown Act summary](#).
- Clarification on complaints and grievances – Santa Cruz County Behavioral Health contracts with Advocacy, Inc. for Patients’ Rights. The agency is contracted to mitigate grievances or complaints along with Santa Cruz County Quality Improvement (QI). The two agencies should be able to resolve grievances but also realizing that all complaints cannot be resolved. If regulations are not followed in an organization, then there is a grievance process with that agency. Issues are resolved in a timely manner by Advocacy inc. or the QI department. Mental Health Advisory Board members cannot investigate a complaint and is out of the scope of responsibility.

6. Direction of MHAB – Goals and Objectives 2021

- Access to Public Health Guide (communication)
- CAHOOTS Program – Advocacy, Publicity, Education
- Mobile Van – provide Information, Resources, Referrals
- Mandatory training – commitment of Board members to attend trainings every year
- South County – improve services and have more presence
- Housing stabilization – make sure people get support to maintain housing
- Coordinate mental health services between hospitals, clinics, and private services
- Fully understand how budget cuts will affect/impact community
- Coordinate with law enforcement to work with homeless and people with mental health problems to make sure they are treated by mental health professionals
- More site visits
- Budget
- Healing and growth – management of mental health

7. Approved the following motions:

- a. Motion by Serg Kagno that the Secretary replies to the emails from the public (letter of acknowledgement). Second by Erika Miranda-Bartlett.

AYES: Antonio Rivas, Catherine Willis, Erika Miranda-Bartlett, Hugh McCormick, Jennifer Wells Kaupp, Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

- b. Motion by Serg Kagno that the Secretary will track attendance of meetings and trainings. Second by Antonio Rivas.

AYES: Antonio Rivas, Catherine Willis, Erika Miranda-Bartlett, Hugh McCormick, Jennifer Wells Kaupp, Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

- c. Motion by Serg Kagno that the Chair and/or Vice-Chair will provide an onboard orientation of new board members within the first two weeks of Board of Supervisors appointment (preferred), but completed by the new board member's second meeting. Second by Antonio Rivas.

AYES: Antonio Rivas, Catherine Willis, Erika Miranda-Bartlett, Hugh McCormick, Jennifer Wells Kaupp, Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

- d. Motion by Erika Miranda-Bartlett that Board members must attend at least 2, up to 4 trainings (state or local trainings) in a year as voted by the Board and inform Secretary of attendance at the trainings. Second by Lynda Kaufmann.

AYES: Antonio Rivas, Catherine Willis, Erika Miranda-Bartlett, Hugh McCormick, Jennifer Wells Kaupp, Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

- e. Motion by Serg Kagno that the Chair/Co-Chair of committees will send attendance tracking to the Secretary and the Recorder of the MHAB. Second by Stephan DuBose.

AYES: Antonio Rivas, Catherine Willis, Erika Miranda-Bartlett, Hugh McCormick, Jennifer Wells Kaupp, Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

- f. Motion by Stephan DuBose that Board members can miss a total of 4 excused/unexcused meetings in a calendar year. Second by Catherine Willis.

AYES: Antonio Rivas, Catherine Willis, Hugh McCormick, Jennifer Wells Kaupp, Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

NAYS: Erika Miranda-Bartlett

ABSTAIN: 0

- g. Motion by Stephan Dubose that two consecutive absences without advance notice or contact by a Board member shall result in separation from the Board. Second by Serg Kagno.

AYES: Antonio Rivas, Catherine Willis, Erika Miranda-Bartlett, Hugh McCormick, Jennifer Wells Kaupp, Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

- h. Motion by Erika Miranda-Bartlett that the Community Engagement Committee will research and develop the Public Health (Communication) Guide if it does not exist. Second by Antonio Rivas.

AYES: Antonio Rivas, Catherine Willis, Erika Miranda-Bartlett, Hugh McCormick, Jennifer Wells Kaupp, Lynda Kaufmann, Serg Kagno, Stephan DuBose, Valerie Webb, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

8. Committees and Board Members

a. MHSA Advisory Committee

- Erika Miranda-Bartlett
- Lynda Kaufmann
- Antonio Rivas

b. Site Visit Committee

- Serg Kagno
- Valerie Webb
- Lynda Kaufmann
- Hugh McCormick

c. County Budget Committee

- Antonio Rivas

d. MHAB and SUDSC Merger Committee

- Stephan DuBose
- Jennifer Wells Kaupp
- Serg Kagno
- Xaloc Cabanes

e. Community Engagement Committee

- Valerie Webb
- Catherine Willis
- Stephan DuBose

f. Mental Health and Policing (Law Enforcement)

- Jennifer Wells Kaupp
- Catherine Willis
- Hugh McCormick
- Serg Kagno

Motion to adjourn made by Xaloc Cabanes. Second by Serg Kagno. Meeting adjourned at 5:03 p.m.