Ways to Prepare for Your Child's COVID-19 Vaccination

Regular visits to the doctor and staying current with recommended child vaccinations are important to keep your child healthy and protect them from serious diseases. The COVID-19 vaccine for children is safe and effective. The CDC states that everyone ages 6 months and older should get vaccinated against COVID-19.

Here are some steps to help you prepare for your child's COVID-19 vaccination.

Make sure your child has health insurance and a primary doctor. If your child needs health insurance and you want to learn about eligibility and applying for health coverage, see the information listed below.

Call your child's primary doctor and tell them you are planning to give your child the COVID-19 vaccination. Ask the doctor any questions or talk to them about any concerns you may have.

Schedule your child's COVID-19 vaccine appointment with their doctor. Ask if your child is caught up on all routine immunizations. Children can safely receive other vaccines the same day they receive their COVID-19 vaccine. Getting vaccinations on-time for both routine immunizations and the COVID-19 vaccine is important because it helps provide immunity before children are exposed to serious diseases.

Make sure to schedule any follow-up appointments that may be needed. The COVID-19 vaccination and other immunizations require follow-up shots to offer full protection.

Does your child need health insurance?

Medi-Cal provides health care services to low-income individuals including families with children. **Find out if your child is eligible and apply** for Medi-Cal. If you do not qualify for Medi-Cal, you may qualify for a health plan through Covered California. For more information, you may go online or contact the local County office:

Online at www.MyBenefitsCalWIN.org
By Phone at 888-421-8080 from 7:30am – 5:00pm, Monday – Friday
In person Monday – Friday from 8am – 5pm
- Santa Cruz Location: 1020 Emeline Ave., Santa Cruz, CA 95060
- Watsonville Location: 18 W. Beach Street, Watsonville CA 95076

If your child is already enrolled in Medi-Cal, contact the Medi-Cal office to make sure **your contact information is up to date** to continue receiving important information about your Medi-Cal coverage. You can contact the Medi-Cal office by phone, email, in person or go online, to report any changes.

For more detailed information visit santacruzhumanservices.org

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