

# COVID-19 Vaccine Frequently Asked Questions

You may have heard some confusing things about the vaccine. Here are the facts.



## I have already had COVID-19 and recovered. Should I get a COVID-19 vaccine?

Yes. You can be infected with the virus again.

## I have not had COVID-19. Can I get a COVID-19 vaccine?

Yes. The COVID-19 vaccine helps protect you by creating an immune response without having to experience sickness.

## I am young and healthy. Do I need to get vaccinated?

Yes. The COVID-19 vaccine is an important tool to help stop the pandemic. COVID-19 vaccines help protect people from getting severely ill with COVID-19. Getting vaccinated may also protect the people around you, including people at increased risk for severe illness.



## Are vaccines safe for children and teens?

Yes. Clinical trials were conducted with thousands of children and teens. COVID-19 vaccines are being monitored under the most intense vaccine safety monitoring in U.S. history. The CDC recommends that everyone ages 6 months and older get vaccinated against COVID-19.

## Do the COVID-19 vaccines contain fetal cells?

No fetal cells were used to manufacture the Pfizer or Moderna vaccine, and they are not inside the shot. The Johnson & Johnson vaccine uses cells that grow in a laboratory to manufacture the vaccine. None of the COVID-19 vaccines use fetal cells taken from a recent abortion, nor do they contain any tissue from a fetus. If you are 18 years old or older, you can choose which vaccine to receive. Talk to your healthcare provider to determine which vaccine is right for you.

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## Can I get vaccinated if I am pregnant?

COVID-19 vaccines are safe and protective for you and your baby. Recent studies show that vaccinated pregnant people pass antibodies to their developing baby in the womb, so the baby is born with some protection from day one. The Centers for Disease Control and Prevention (CDC) has followed more than 35,000 people who were vaccinated during or just before pregnancy. Researchers have found no obvious safety concerns for pregnant people receiving the COVID-19 vaccine.

## Can I get vaccinated if I want to have a baby in the future?

Yes. COVID-19 vaccines have not been linked to infertility or miscarriage. If you are trying to become pregnant, you do not need to avoid pregnancy after receiving a COVID-19 vaccine.



## If I am breastfeeding, can I get a COVID-19 vaccine?

Yes. Reports have shown that breastfeeding people who received either the Pfizer or Moderna vaccine have antibodies in their breastmilk, which could help protect their babies. Breastfeeding individuals were not included in clinical trials, so safety data is limited for this group of people. If you have questions about getting vaccinated, talk to your healthcare provider.

## For help finding a nearby vaccine appointment, you can:

- Check <https://myturn.ca.gov> or call (833) 422-4255
- Go to [VaccineFinder.org](https://VaccineFinder.org)
- Check with your local healthcare provider or local pharmacy