

Measuring Weight

Infants: Birth - 2 years

Step 1 – Dress Code

Weigh infant wearing light underclothing or a clean dry diaper.

Step 2 – Center Child on Scale

Balance and zero the scale including the paper drape

Place infant on the center of the scale platform



Respect Privacy

Provide a private area for:

- Clothing removal
- Taking and discussing measurements



Alternate Weighing Method

- 1) Weigh both caregiver and child
- 2) Weigh caregiver alone
- 3) Subtract caregiver's weight from the combined weight

Step 3 – Read and Document the Measurements

Read measurement to nearest 1/2 ounce (0.01 kg) and write it down.

Conversion Chart

Fraction	Ounces	Decimal
1/8	2	.125
1/4	4	.25
3/8	6	.375
1/2	8	.5
5/8	10	.625
3/4	12	.75
7/8	14	.875

For more information on accurately measuring infants, children and adolescents, visit www.dhcs.ca.gov/services/chdp/.

Select *Support and Educational Materials*.

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